



PROFILE

Recognized expert & thought leader in population health & nutrition. A champion of systems' thinking. Highly skilled at innovating frameworks to transform processes & leverage technology to maximize effectiveness & outcomes. For 25 years, Dr. El-Kour has delivered progressive strategies integrating & aligning complex humanitarian & development programs & projects on behalf of the United Nations, international, governmental & non-governmental agencies with a behavior change focus. More recently, Dr. El-Kour's technical specialty has evolved to address the changing healthcare & food systems landscape, incorporating media psychology & technology to population health & humanitarian programming to effect regulatory & policy changes & drive population behavior change.

EDUCATION

2015 - 2021

Doctor of Philosophy
(Ph.D.) in Psychology with
a concentration in Media
Psychology

Fielding Graduate University

2015 – 2018

Master of Arts in
Psychology

Fielding Graduate University

2003 – 2005

Combined Master of
Science & Dietetic
Internship

Tufts University & Tufts
Medical Center

2001 – 2003

Bachelor of Science in
Dietetics

Kansas State University

1995 – 1999

Bachelor of Science in
Nutrition & Food
Technology

University of Jordan

ACADEMIC ACHIEVEMENTS

Doctor of Philosophy (Ph.D.)

// 2018 recipient of The Michael R. Neal Legacy Award in recognition of collaboration, scholarship, innovation, & advocacy.

// 2017 recipient of the Worldwide Network for Gender Empowerment Research Fellowship.

// 2016 recipient of the Wagenheim Endowed Scholarship for International Doctoral Students.

Masters

// 2005 Rebecca Roubenoff Award for Excellence in Clinical Nutrition & Dietetics, Tufts University & Tufts Medical Centre.

// 2005 Friedman School of Nutrition Science & Policy Graduation Class Valedictorian.

// 2004 Frances Stern Nutrition Centre Summer Scholarship.

// 2003 Frances Stern Nutrition Centre First Year Intern Scholarship, Tufts Medical Centre.

// 2003 First International Nutritionist/Dietitian Award, Academy of Nutrition & Dietetics Foundation.

Bachelors

// Dean's honor list.

// Graduate Teaching Assistant, developing tools for effective online.

// Learning & implementing nutrition & dietetic related issues into course curriculum.

// Clinical Nutrition Traineeship, Royal Medical Services, Amman, Jordan.

FOCUS AREAS

- // Global Psychology
- // Artificial Intelligence & Psychology
- // Nutritional Psychiatry & Psychology
- // Persuasion, Social Influence, Social Change & Impact
- // Emergent Technology & Social Media
- // Humanitarian & Complex Emergencies
- // Behavioral Sciences
- // Health & Nutrition Misinformation
- // Medical Nutrition Therapy & Support
- // Global Nutrition
- // Hunger & Environmental Nutrition
- // Sustainable Food Systems
- // Artificial Intelligence & Nutrition

SOFTWARE APPs.

- // Microsoft Suit
- // EndNote
- // Mendeley
- // Zotero
- // Dedoose
- // Nvivo
- // Netlytic

LANGUAGES

- // **Fluent** in English & Arabic
- // **Conversant** in French
- // **Intermediate** in Spanish

CAREER EXPERIENCES

Media Psychology Research Center **(2025 – Present) Senior Research Fellow - USA**

- // Leads interdisciplinary research, designs, executes & analyzes studies combining nutrition & media psychology-centered approaches to explore how our interaction with emergent technologies relayed in diverse media influence our health & nutrition behaviors.

Aga Khan Foundation – Global (2022 – Present) **Global Advisor, Nutrition - Switzerland**

- // Provides strategic oversight on nutrition & food systems through effective, evidence-based, interdisciplinary, integration & stakeholder alignment of priorities across Aga Khan Foundation programming.
- // Offers technical insights to field units (Central & South Asia, East & South Africa, & the Middle East) strengthening program design & resource mobilization to create & sustain partnerships with Aga Khan Development Network sector leads, endline users of nutrition programming, & integration with donor strategies.

Action Against Hunger – Multiple Locations (2016 – 2022) **Health & Nutrition Coordinator for Syria Mission Syria (2018 – 2022)**

- // Technically led & managed of health, mental health, nutrition, & care practice programming focusing on integrated primary healthcare support, multisectoral engagement, healthcare management, nutrition, healthy lifestyle promotion, mental health & psychosocial support for emergency relief & early recovery within Syria.
- // Managed multimillion dollar budgets for health & nutrition programs relevant to key donors, including BHA/OFDA, OCHA, SDC, SIDA, GAC, & AECID.
- // Established & managed staff at high retention rate.
- // Negotiated with key stakeholders (donors, authorities, international & national partners) in relation to needs & interventions.

SKILLS

- // Program & Policy Development
- // Social & Behavior Change Communication
- // Nutrition Specific & Sensitive Programming
- // Evidence-Based Practice
- // Nutrition Research & Analysis
- // Strategic Planning
- // Operations Leadership
- // New Media & Public Relations
- // Training & Presentations
- // Implementation & Outcome Research
- // Proposals
- // Reporting
- // Budget
- // Performance Management
- // Data & Information Management
- // Problem Solving
- // Social Marketing
- // Collateral Development

Nutrition Coordinator for Lebanon Mission – (2017)

- // Led negotiation efforts with national & United Nations counterparts & guided policies related to nutritional program development for Action Against Hunger, while increasing advocacy efforts, funding, & visibility for nutrition sensitive & specific initiatives.
- // Provided technical & operational leadership in building field teams that could manage emergency & sustainable nutritional needs. Built capacity of local staffing in relation to needs & interventions.

Regional Nutrition Officer - Middle East Region – Jordan (2016)

- // Collaborated in leading Syria's nutrition response system that included strengthening advocacy, funding, & profile-raising efforts for this crisis, while providing essential support for the refugees. Led negotiation, mediation, advocacy, & technical efforts for emergency & sustainable nutrition projects in the Middle East region, & Syrian environment.

redr uk – Multiple Locations (2017 – 2024) Associate Trainer & Expert Consultant

- // Delivers part-time independent consulting services for evidence based, gender-focused, multicultural, mediation, facilitation, training, & course development services targeting humanitarian programmatic leadership & management, proposal & report writing, monitoring & evaluation, basic & advanced project cycle management, public health, mental health, & the social factors related to health, program development, referral pathways, evaluations, surveys, monitoring, & impact assessments.
- // Co-developed & delivered a series of online course modules during 2020 on special topic areas within the context of COVID-19 in the Middle East & North Africa region, including stress management, basic & advanced mental health support, gender & inclusion, basic risk communication & community engagement, & developed the advanced risk communication & community engagement module.

World Health Organization – Multiple Locations (2005 – 2015)

// International Technical Officer, Eastern Mediterranean Regional Director's Office - Egypt (2012 – 2015).
// National Professional Officer – Jordan (2008 – 2012).
// Technical Officer – Jordan (2006 –2008).
// Nutrition & Food Policy Advisor – Jordan (2005 – 2006).

Private Clinical Practice – Amman, Jordan, & Virtual (2005 – 2022)

// Virtual Clinic (2016 – 2022).
// Consultant, Clinical Nutrition – Jordan (2005 – 2012).

Tufts University – Boston, MA (2003 – 2005)

// Metabolic Nutrition Research Technician USDA Jean Mayer Human Nutrition Research Center on Aging.
// Menu & Recipe Analyst Tufts University & Tufts Medical Center.
// Statistical Data Entry Assistant Tufts University & Tufts Medical Center.

Novartis Consumer Health Inc., Near East Regional Office - Amman, Jordan (2000 – 2002)

// Nutrition Line Specialist

Jordan Drugstore Company – Amman, Jordan (1999 – 2000)

// Medical Representative

CREDENTIALS & LICENSURES

2015 – ∞ Granted Lifetime “Fellow Status” by the Academy of Nutrition & Dietetics (FAND).
2015 – 2027 Collaborative Institutional Training Initiative (CITI Program) Human Research Certificate at the University of Miami through Fielding Graduate University.
2005 – 2026 Dietetic Board Registration by Commission on Dietetic Registration.
2005 – 2024 Government of Jordan Full Medical Nutrition Licensure of Practice.
1999 – 2024 Jordan Agricultural Engineers Association Certificate of Practice for Agricultural Engineers.

SCHOLARLY BRIEF

// Achievements: <https://www.tatyanaelkour.com/achievements>
// Directory: <https://www.tatyanaelkour.com/directory>
// Service Profile: <https://www.tatyanaelkour.com/service-profile>