



PROFILE

Recognized expert and thought leader in population health and nutrition. A champion of systems' thinking. Highly skilled at innovating frameworks to transform processes and leverage technology to maximize effectiveness and outcomes. For 25 years, Dr. El-Kour has delivered progressive strategies integrating and aligning complex humanitarian and development programs and projects on behalf of the United Nations, international, governmental and non-governmental agencies with a behavior change focus. More recently, Dr. El-Kour's technical specialty has evolved to address the changing healthcare and food systems landscape, incorporating media psychology and technology to population health and humanitarian programming to effect regulatory and policy changes and drive population behavior change.

EDUCATION

2015 - 2021

Doctor of Philosophy
(Ph.D.) in Psychology with
a concentration in Media
Psychology

Fielding Graduate University

2015 – 2018

Master of Arts in
Psychology

Fielding Graduate University

2003 – 2005

Combined Master of
Science and Dietetic

Tufts University and Tufts
Medical Center

2001 – 2003

Bachelor of Science/
Pre-medical Track

Kansas State University

1995 – 1999

Bachelor of Science

University of Jordan

ACADEMIC ACHIEVEMENTS

Doctor of Philosophy (Ph.D.)

// 2018 recipient of The Michael R. Neal Legacy Award in recognition of collaboration, scholarship, innovation, and advocacy.

// 2017 recipient of the Worldwide Network for Gender Empowerment Research Fellowship.

// 2016 recipient of the Wagenheim Endowed Scholarship for International Doctoral Students.

Masters

// 2005 Rebecca Roubenoff Award for Excellence in Clinical Nutrition and Dietetics, Tufts University and Tufts Medical Centre.

// 2005 Friedman School of Nutrition Science and Policy Graduation Class Valedictorian.

// 2004 Frances Stern Nutrition Centre Summer Scholarship.

// 2003 Frances Stern Nutrition Centre First Year Intern Scholarship, Tufts Medical Centre.

// 2003 First International Nutritionist/Dietitian Award, Academy of Nutrition and Dietetics Foundation.

Bachelors

// Dean's honor list.

// Graduate Teaching Assistant, developing tools for effective online.

// Learning and implementing nutrition and dietetic related issues into course curriculum.

// Clinical Nutrition Traineeship, Royal Medical Services, Amman, Jordan.

FOCUS AREAS

- // Global Psychology
- // Artificial Intelligence & Psychology
- // Nutritional Psychiatry & Psychology
- // Persuasion, Social Influence, Social Change & Impact
- // Emergent Technology & Social Media
- // Humanitarian & Complex Emergencies
- // Behavioral Sciences
- // Health & Nutrition Misinformation
- // Medical Nutrition Therapy & Support
- // Global Nutrition
- // Hunger & Environmental Nutrition
- // Sustainable Food Systems
- // Artificial Intelligence & Nutrition

SOFTWARE APPs.

- // Microsoft Suit
- // EndNote
- // Mendeley
- // Zotero
- // Dedoose
- // Nvivo
- // Netlytic

LANGUAGES

- // **Fluent** in English & Arabic
- // **Conversant** in French
- // **Intermediate** in Spanish

CAREER EXPERIENCES

Aga Khan Foundation – Global (2022 – Present) **Global Advisor, Nutrition - Switzerland (2022 – Present)**

- // Refines and executes an organization-wide nutrition strategy that spans multi-disciplinary integration of nutrition priorities across Aga Khan Foundation programming: Health, Agriculture and Food Security, Gender Equality, Work and Enterprise, Climate Resilience, Early Childhood Development, Education, and Civil Society.
- // Offers technical support and strategic insights to field units spanning countries in Central and South Asia, East and South Africa, and the Middle East and North Africa, strengthening program design and resource mobilization to create and sustain partnerships with Aga Khan Development Network sector leads, frontline users of nutrition programming, and integration with donor strategies.

Action Against Hunger – Multiple Locations (2016 – 2022)

Health and Nutrition Coordinator for Syria Mission Syria (2018 – 2022)

- // Designed, oversaw, coordinated technical leadership and management of health, mental health, nutrition, and care practice programming with a focus on integrated primary healthcare support, multisectoral engagement, healthcare management, nutrition, healthy lifestyle promotion, mental health and psychosocial support for emergency relief and early recovery within Syria.
- // Managed multimillion dollar budgets for health & nutrition programs relevant to key donors, including BHA/OFDA, OCHA, SDC, SIDA, GAC, and AECID.
- // Established and managed staff at high retention rate.
- // Negotiated with key stakeholders (donors, authorities, international and national partners, counterparts, beneficiaries, and other external actors) in relation to needs and interventions.

SKILLS

- // Program & Policy Development
- // Social & Behavior Change Communication
- // Nutrition Specific & Sensitive Programming
- // Evidence-Based Practice
- // Nutrition Research & Analysis
- // Strategic Planning
- // Operations Leadership
- // New Media & Public Relations
- // Training & Presentations
- // Implementation & Outcome Research
- // Proposals
- // Reporting
- // Budget
- // Performance Management
- // Data & Information Management
- // Problem Solving
- // Social Marketing
- // Collateral Development

Nutrition Coordinator for Lebanon Mission – Lebanon (2017 - 2017)

- // Led negotiation efforts with national and United Nations counterparts and guided policies related to nutritional program development for Action Against Hunger, while increasing advocacy efforts, funding, and visibility for nutrition sensitive and specific initiatives.
- // Provided technical and operational leadership in building field teams that could manage emergency and sustainable nutritional needs. Built capacity of local staffing in relation to needs and interventions.

Regional Nutrition Officer - Middle East Region – Jordan (2016 - 2016)

Collaborated in leading Syria's nutrition response system that included strengthening advocacy, funding, and profile-raising efforts for this crisis, while providing essential support for the refugees. Led negotiation, mediation, advocacy, and technical efforts for emergency and sustainable nutrition projects in the Middle East region, and Syrian environment.

redr uk – Multiple Locations (2017 – 2024) Associate Trainer and Expert Consultant

- // Delivers part-time independent consulting services for evidence based, gender-focused, multicultural, mediation, facilitation, training, and course development services targeting humanitarian programmatic leadership and management, proposal and report writing, monitoring and evaluation, basic and advanced project cycle management, public health, mental health, and the social factors related to health, program development, referral pathways, evaluations, surveys, monitoring, and impact assessments.
- // Co-developed and delivered a series of online course modules during 2020 on special topic areas within the context of COVID-19 in the Middle East and North Africa region, including stress management, basic and advanced mental health support, gender and inclusion, basic risk communication and community engagement, and developed the advanced risk communication and community engagement module.

World Health Organization – Multiple Locations (2005 – 2015)

// International Technical Officer, Eastern Mediterranean Regional Director's Office - Egypt (2012 – 2015).
// National Professional Officer – Jordan (2008 – 2012).
// Technical Officer – Jordan (2006 –2008).
// Nutrition & Food Policy Advisor – Jordan (2005 – 2006).

Private Clinical Practice – Amman, Jordan, & Virtual (2005 – 2022)

// Virtual Clinic (2016 – 2022).
// Consultant, Clinical Nutrition – Jordan (2005 – 2012).

Tufts University – Boston, MA (2003 – 2005)

// Metabolic Nutrition Research Technician USDA Jean Mayer Human Nutrition Research Center on Aging.
// Menu & Recipe Analyst Tufts University and Tufts Medical Center.
// Statistical Data Entry Assistant Tufts University and Tufts Medical Center.

Novartis Consumer Health Inc., Near East Regional Office - Amman, Jordan (2000 – 2002)

// Nutrition Line Specialist

Jordan Drugstore Company – Amman, Jordan (1999 – 2000)

// Medical Representative

CREDENTIALS & LICENSURES

2015 – 2024 Granted “Fellow Status” by the Academy of Nutrition and Dietetics (FAND).
2015 – 2027 Collaborative Institutional Training Initiative (CITI Program) Human Research Certificate at the University of Miami through Fielding Graduate University.
2005 – 2026 Dietetic Board Registration by Commission on Dietetic Registration.
2005 – 2024 Government of Jordan Full Medical Nutrition Licensure of Practice.
1999 – 2024 Jordan Agricultural Engineers Association Certificate of Practice for Agricultural Engineers.

SCHOLARLY BRIEF

// Achievements: <https://www.tatyanaelkour.com/achievements>
// Directory: <https://www.tatyanaelkour.com/directory>
// Service Profile: <https://www.tatyanaelkour.com/service-profile>